

SERMON NOTES

Under His Wings

Psalm 57

July 12, 2020

Listen, we are in the middle of some unsettling times. The COVID-19 pandemic is unsettling, the racial divide is unsettling, the stock market is unsettling, social media rants are unsettling, the news is unsettling, the government and politics are unsettling, and the coming election is unsettling.

My goal this morning is to direct you to a truth in Scripture that will be an anchor to your soul. Each of us needs this truth regardless of your age, your phase of life, your circumstance, your worry or your fear.

You are Safe Under the Shadow of the Savior

Psalm 57

David was running for his life! In 1 Samuel 22:1 David fled and escaped to the cave Adullam.

Why was he running? Because the King (King Saul) wanted him dead!

I. Understanding David's Calamity

David describes his calamity in three ways:

1. Personal Attack = Verse 3 – the reproach of him that would swallow me up.
2. Conspiracy = Verse 4 – My soul is among lions
3. A Trap = Verse 6 – prepared a net for my steps...dug a pit before me

David's faith transformed his cave into a Holy of Holies. His confidence was not in the rocks but "Under His Wings."

II. Listening to David's Cry

1. His cry was sincere = Verse 1 – Be merciful unto me

“When we cannot see the sunshine of God’s face, it is blessed to cower down beneath the shadow of His wings.” Charles Haddon Spurgeon

2. His cry was confident = Verse 2-3 – God most high; unto God that performeth all things

God most high = His sovereign transcendence (above all things)
God that performeth all things = His sovereign Omnipotence
He shall sed from heaven = His sovereign Authority
Save me from the reproach = His sovereign wisdom
Send forth His mercy and truth = Sovereign protection

3. His cry was exalting = Verse 5 – Be thou exalted

III. Embracing David's Conclusion

1. His heart was fixed = Verse 7 – Hebrew word Koon – to be erect, to stand perpendicular

Like a soldier standing attention, ready for orders. No slouching – no longer in a posture of defeat!

David was not going to allow the unlawful pursuit of his life by King Saul to shake his faith or shade his trust in God.

2. His mouth sang praise = Verse 7, 9 – I will sing, I will praise, I will sing

David made a conscious choice to sing praise to the Lord. He redirected his thoughts from the rocks he was hiding in to THE ROCK he was safe in!

3. His soul was refreshed = Verse 8 – Awake up, my glory, awake

May we be overwhelmed by the eternal glory of God more than the temporal glare of our circumstances.

APPLICATION GUIDE

Under His Wings

Psalm 57

July 12, 2020

Read Psalm 57 together. Using the Sermon Notes, discuss the following questions.

In what place do you feel the safest?

When was a time or instance when you felt scared and why?

How has the pandemic of COVID-19 caused you to feel and why?

I. Understanding David's Calamity

David describes his calamity in three ways:

1. Personal Attack
2. Conspiracy
3. A Trap

Have you ever been personally attacked and how did you handle it?

Have you ever felt like a group of people were against you and how did that affect you?

What is a good way to respond to personal attacks?

II. Listening to David's Cry

When was a time in your life when you cried out to God for help?

How does knowing God help you cope with hardships in life?

What can you do to exalt God when you are feeling overwhelmed or in distress

III. Embracing David's Conclusion

Why is it important to have your heart fixed on God especially during difficult times?

What are some ways you can give praise to the Lord and how does this encourage your soul?

How can your soul be refreshed during dark times that you face in life?

What is the main truth from the sermon that you can anchor your soul to?