



2020-2021 Season Timeline

\$100 - Online Registration

September 1-November 18 (*Credit card only*)

\$120 - Late Registration

November 19-January 9 (*Credit card only online*)

Cheer Clinic: Saturday, January 2 from 10 am-noon

Cheer clinic is for all divisions 1-6th grade

First Practices:

January 4 for Monday Practice Teams

January 7 for Thursday Practice Teams

NOTE: 1-2 grade, 3-4 grade, & 5-6 grade divisions will practice for one hour a week on either Monday or Thursday. Practice times begin at 5 pm on the hour.

Game Schedule:

The first game is Saturday, January 16.

Note: We have eight consecutive Saturday game days. Games start at 9:00 am with the 1-2 grade division. Games continue throughout the day every 90 minutes from the youngest to the oldest divisions.

1-2 grade division game times are 9:00 & 10:30

3-4 grade division game times are 12:00 & 1:30

5-6 grade division game times are 3:00 & 4:30

Awards Celebration: Friday, March 12 @ 7:00 PM

MORE THAN A LEAGUE

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UPWARD
SPORTS
PLAY WITH PURPOSE



MENTAL
DEVELOPMENT

SPIRITUAL
DISCOVERY

ATHLETIC
IMPROVEMENT

ENHANCED RULES!

SOCIAL
AWARENESS



RECREATION BASKETBALL & CHEER

CLINICS · CAMPS · LEAGUES

DEVELOPING YOUNG ATHLETES



MENTALLY

Make wise decisions



ATHLETICALLY

Improve physical abilities



SPIRITUALLY

Embrace life's purpose



SOCIALLY

Foster healthy relationships

4 LEVELS OF BASKETBALL DISCOVERY

Upward Basketball provides an experience that grows with your young athlete over time by using a four-level age appropriate format. Each level is tailored to meet your athlete where they are in their athletic journey, allowing them to reach their full potential, on and off the court.

LEVEL OF SKILL

LEVEL 1

Introducing the game and basic skills

LEVEL 2

Develop basic skills while learning game rules

LEVEL 3

Refine skills and learn team concepts while preparing for the next level of competition

LEVEL 4

Implement middle school rules while competing at a high level

AGE OF YOUR ATHLETE

THE UPWARD EXPERIENCE

- > 5 million participants over the past 19 years
- > 1 practice and 1 game per week
- > Quality game day uniform and other sport related gear

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